

# James O'Rourke Tri Relay & Competitive

## Competitive

April 25, 2009

Questions About Results e-mail [runsfar@kc.rr.com](mailto:runsfar@kc.rr.com)

### Female 19 and under

Overall			Swim		Bike			Run			Total		
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	59	Brittany Bunker	18	2	15:04.0	53:49	1	53:11.0	3:48	1	22:10.2	7:09	1:30:25.2
2	94	Erin Dobesh	19	1	12:23.0	44:14	2	1:03:24.0	4:32	2	31:16.3	10:05	1:47:03.3

### Female 20 to 29

Overall			Swim		Bike			Run			Total		
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	13	Katey Morri	28	1	9:08.0	32:37	1	43:28.0	3:06	1	22:02.6	7:06	1:14:38.6
2	40	Elizabeth Baxter	26	2	10:03.0	35:54	2	51:25.0	3:40	2	23:57.4	7:44	1:25:25.4
3	95	Sara Partridge	27	3	12:55.0	46:08	4	1:06:51.0	4:47	3	30:26.9	9:49	1:50:12.9
4	98	Megan McNeil	24	5	16:20.0	58:20	3	1:01:06.0	4:22	5	35:44.2	11:32	1:53:10.2
5	107	Priscilla Garcia	29	4	16:08.0	57:37	5	1:25:35.0	6:07	4	31:03.0	10:01	2:12:46.0

### Female 30 to 39

Overall			Swim		Bike			Run			Total		
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	38	Karen Hatch	38	1	11:15.0	40:11	2	49:57.0	3:34	1	23:54.7	7:43	1:25:06.7
2	47	Kerri Peterson	36	3	12:00.0	42:51	1	48:19.0	3:27	8	27:33.8	8:53	1:27:52.8
3	56	Jennifer Wilbeck	38	4	12:17.0	43:52	5	51:16.0	3:40	2	26:17.0	8:29	1:29:50.0
4	58	Beth Murray	33	9	13:35.0	48:31	3	50:07.0	3:35	5	26:22.3	8:30	1:30:04.3
5	60	Kim Lodice	30	5	12:35.0	44:56	7	51:35.0	3:41	3	26:19.5	8:29	1:30:29.5
6	70	Susan Aliano	31	12	14:03.0	50:11	6	51:31.0	3:41	10	28:06.7	9:04	1:33:40.7
7	71	Amber Gager	34	2	11:25.0	40:46	8	55:01.0	3:56	7	27:33.2	8:53	1:33:59.2
8	76	Sarah Demmel	31	8	13:15.0	47:19	10	56:26.0	4:02	4	26:20.5	8:30	1:36:01.5
9	82	Loan Eby	39	15	14:51.0	53:02	12	56:50.0	4:04	11	29:09.8	9:24	1:40:50.8
10	83	Katie Horner	33	16	15:30.0	55:21	14	57:21.0	4:06	9	28:01.2	9:02	1:40:52.2
11	84	Traci Hawk	38	14	14:44.0	52:37	9	56:15.0	4:01	13	30:12.0	9:45	1:41:11.0
12	85	Stephane VanderMeulen	39	13	14:19.0	51:08	4	50:36.0	3:37	18	36:20.3	11:43	1:41:15.3
13	87	Sandy Paasch	31	11	14:03.0	50:11	13	56:54.0	4:04	14	31:15.5	10:05	1:42:12.5
14	88	Brandee Schram	35	7	13:08.0	46:54	15	59:26.0	4:15	12	29:51.8	9:38	1:42:25.8
15	90	Aleata Triplett	33	10	13:55.0	49:42	17	1:02:32.0	4:28	6	27:18.2	8:48	1:43:45.2
16	91	Krista Maline	36	6	13:06.0	46:47	11	56:46.0	4:03	16	34:53.3	11:15	1:44:45.3
17	96	ARA JAGGER	33	18	16:41.0	59:35	16	59:36.0	4:15	17	34:57.7	11:16	1:51:14.7
18	103	Ronda Loveridge	35	17	15:34.0	55:36	18	1:11:50.0	5:08	15	32:22.9	10:26	1:59:46.9

### Female 40 to 49

Overall			Swim		Bike			Run			Total		
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	52	Dee McCroden	45	1	11:30.0	41:04	1	48:21.0	3:27	5	28:41.3	9:15	1:28:32.3
2	63	Lisa Jones	40	3	12:56.0	46:11	3	51:58.0	3:43	2	26:28.0	8:32	1:31:22.0
3	64	Elli Fitzpatrick	41	2	12:13.0	43:38	4	53:56.0	3:51	1	25:38.4	8:16	1:31:47.4
4	66	Alisa Lauer	45	4	13:54.0	49:39	2	51:44.0	3:42	3	26:53.5	8:40	1:32:31.5
5	79	Andrea Dirks	41	5	14:10.0	50:36	5	54:08.0	3:52	6	30:20.2	9:47	1:38:38.2
6	81	Sally Johnson	42	6	15:26.0	55:07	6	58:15.0	4:10	4	27:09.7	8:45	1:40:50.7
7	99	Michelle Muirhead	42	8	17:52.0	63:49	7	1:01:22.0	4:23	9	37:01.9	11:56	1:56:15.9
8	105	therese mcdermott	49	7	16:48.0	60:00	9	1:08:41.0	4:54	8	35:13.5	11:22	2:00:42.5
9	106	Mardi Fiske	49	9	24:58.0	89:10	8	1:06:37.0	4:46	7	34:21.6	11:05	2:05:56.6

### Female 50 to 59

Overall			Swim		Bike			Run			Total		
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	100	Sue McNeil	56	2	19:19.0	68:59	1	1:06:14.0	4:44	1	30:50.2	9:57	1:56:23.2
2	101	Bernadette Smith	53	1	16:53.0	60:18	3	1:08:47.0	4:55	3	33:55.4	10:56	1:59:35.4
3	102	Marilyn Tolle	50	3	20:08.0	71:54	2	1:06:37.0	4:46	2	33:00.0	10:39	1:59:45.0

### Female 60 to 69

Overall			Swim		Bike			Run			Total		
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	109	Ann Milton	66	1	17:12.0	61:26	1	1:18:41.0	5:37	1	40:18.0	13:00	2:16:11.0

## Male 0 to 19

Overall			Swim		Bike			Run			Total		
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	23	Josh States	19	1	11:58.0	42:44	1	46:01.0	3:17	1	22:49.0	7:22	1:20:48.0
2	97	Jayson Rezek	13	2	13:28.0	48:06	2	1:12:03.0	5:09	2	26:43.3	8:37	1:52:14.3

## Male 20 To 29

Overall			Swim		Bike			Run			Total		
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	1	Ryan Long	26	2	8:02.0	28:41	1	35:56.0	2:34	3	19:31.4	6:18	1:03:29.4
2	3	Adam Little	27	3	8:52.0	31:40	2	38:41.0	2:46	1	18:47.7	6:04	1:06:20.7
3	6	ROBERT KNIGHT	28	1	7:20.0	26:11	5	42:17.0	3:01	5	22:03.6	7:07	1:11:40.6
4	7	Bobby Korkow	24	7	10:49.0	38:38	4	41:37.0	2:58	2	19:16.9	6:13	1:11:42.9
5	9	Dusten Vermeire	27	8	10:55.0	38:59	3	39:53.0	2:51	4	21:46.6	7:01	1:12:34.6
6	14	Matt Fisher	26	5	9:21.0	33:24	6	42:49.0	3:04	6	22:57.5	7:24	1:15:07.5
7	22	Dave Rippe	26	10	11:14.0	40:07	7	45:44.0	3:16	8	23:43.1	7:39	1:20:41.1
8	25	Jeffrey Seems	21	6	10:11.0	36:22	9	47:56.0	3:25	7	23:19.9	7:31	1:21:26.9
9	34	John Talcott	25	11	11:38.0	41:33	8	47:18.0	3:23	11	24:45.8	7:59	1:23:41.8
10	39	Brandon Vail	24	4	9:07.0	32:34	11	51:25.0	3:40	10	24:41.7	7:58	1:25:13.7
11	44	Breton Shepherd	21	9	11:10.0	39:53	13	52:36.0	3:45	9	23:55.2	7:43	1:27:41.2
12	61	Brock Wurl	27	12	11:47.0	42:05	10	49:23.0	3:32	15	29:28.4	9:30	1:30:38.4
13	72	Lucas Witte	28	15	15:05.0	53:52	12	52:16.0	3:44	12	27:21.8	8:49	1:34:42.8
14	73	Patrick Zierke	27	13	12:25.0	44:21	15	54:34.0	3:54	13	28:05.2	9:04	1:35:04.2
15	77	Isaiah LaRue	26	14	14:16.0	50:57	14	54:09.0	3:52	14	28:25.4	9:10	1:36:50.4

## Male 30 to 39

Overall			Swim		Bike			Run			Total		
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	2	Brent Morris	31	1	7:33.0	26:58	1	37:01.0	2:39	2	19:46.3	6:23	1:04:20.3
2	4	Thomas Woods	37	5	10:12.0	36:26	3	40:07.0	2:52	1	18:19.5	5:55	1:08:38.5
3	11	Jesse Demmel	31	9	11:11.0	39:56	2	39:30.0	2:49	7	22:46.3	7:21	1:13:27.3
4	12	Lee Bumgarner	30	2	9:27.0	33:45	5	41:40.0	2:59	6	22:40.0	7:19	1:13:47.0
5	15	Cliff Miles	34	10	11:22.0	40:36	6	41:54.0	3:00	4	22:00.9	7:06	1:15:16.9
6	16	Jeff Pape	37	7	10:49.0	38:38	4	41:21.0	2:57	8	23:29.0	7:35	1:15:39.0
7	18	Chris Peterson	37	6	10:22.0	37:01	7	42:46.0	3:03	9	24:07.2	7:47	1:17:15.2
8	20	Jon Graff	37	13	11:52.0	42:23	8	44:08.0	3:09	10	24:09.9	7:47	1:20:09.9
9	24	Ben Cooper	35	8	10:54.0	38:56	11	45:26.0	3:15	15	24:39.4	7:57	1:20:59.4
10	27	Jesse Wellman	31	16	11:54.0	42:30	10	45:15.0	3:14	18	25:11.0	8:07	1:22:20.0
11	28	Chris Nowlen	36	11	11:29.0	41:01	12	45:48.0	3:16	19	25:12.1	8:08	1:22:29.1
12	29	David Schram	37	15	11:54.0	42:30	19	48:28.0	3:28	5	22:13.0	7:10	1:22:35.0
13	30	Jeff Shannon	32	23	14:30.0	51:47	9	44:19.0	3:10	11	24:12.0	7:48	1:23:01.0
14	31	Roman Windrum	37	18	12:26.0	44:24	13	46:15.0	3:18	13	24:28.5	7:54	1:23:09.5
15	33	Mike Fauss	30	14	11:52.0	42:23	16	46:42.0	3:20	17	24:56.6	8:03	1:23:30.6
16	35	Shane Petersen	34	19	12:31.0	44:42	17	46:50.0	3:21	16	24:50.0	8:01	1:24:11.0
17	37	Casey Osborn	33	3	10:05.0	36:01	14	46:20.0	3:19	24	28:31.4	9:12	1:24:56.4
18	41	Troy Medina	32	17	11:56.0	42:37	20	48:40.0	3:29	22	26:20.4	8:30	1:26:56.4
19	42	Brendon Polt	36	22	12:48.0	45:43	23	49:44.0	3:33	14	24:29.1	7:54	1:27:01.1
20	45	Andrew Schoppe	31	24	15:15.0	54:28	24	51:35.0	3:41	3	20:51.9	6:44	1:27:41.9
21	46	Zachary Trumpp	33	20	12:41.0	45:18	21	49:04.0	3:30	20	26:03.0	8:24	1:27:48.0
22	48	Adam Gardiner	32	12	11:51.0	42:19	22	49:44.0	3:33	21	26:18.0	8:29	1:27:53.0
23	54	McGlynn Mihael	35	4	10:12.0	36:26	18	48:06.0	3:26	26	30:44.4	9:55	1:29:02.4
24	68	Jacob Robinson	32	26	19:22.0	69:10	15	46:41.0	3:20	23	26:40.1	8:36	1:32:43.1
25	69	Mike Richey	36	25	15:55.0	56:51	26	53:12.0	3:48	12	24:15.5	7:49	1:33:22.5
26	75	Daniel Helberg	32	21	12:45.0	45:32	25	52:28.0	3:45	25	30:32.3	9:51	1:35:45.3
27	108	Shane Loveridge	34	27	28:37.0	**:12	27	1:11:54.0	5:08	27	32:15.7	10:24	2:12:46.7

## Male 40 to 49

Overall			Swim		Bike			Run			Total		
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	10	Steve Ermer	46	1	8:55.0	31:51	1	41:59.0	3:00	1	21:42.7	7:00	1:12:36.7
2	19	Jim Bunker	46	3	10:52.0	38:49	2	43:41.0	3:07	4	23:56.3	7:43	1:18:29.3
3	21	Dwaine Jones	44	4	12:14.0	43:41	3	44:27.0	3:11	3	23:38.0	7:37	1:20:19.0
4	26	Tim Peart	40	2	9:35.0	34:14	4	46:39.0	3:20	8	26:02.3	8:24	1:22:16.3
5	32	Jeffrey Bruntz	40	9	14:05.0	50:18	5	47:32.0	3:24	2	21:49.7	7:02	1:23:26.7
6	49	Donald Everett	41	7	13:40.0	48:49	7	48:51.0	3:29	7	25:41.2	8:17	1:28:12.2
7	50	Chad Stoner	41	5	12:14.0	43:41	10	49:45.0	3:33	9	26:20.0	8:30	1:28:19.0
8	51	Kelly Streigle	40	12	15:20.0	54:46	8	49:01.0	3:30	5	24:08.6	7:47	1:28:29.6
9	55	Dan Huebner	40	11	14:53.0	53:09	9	49:30.0	3:32	6	25:02.9	8:05	1:29:25.9
10	57	Gail Klimek	48	8	13:47.0	49:14	6	47:42.0	3:24	11	28:23.5	9:09	1:29:52.5
11	65	kevin pope	40	10	14:42.0	52:30	11	49:54.0	3:34	10	27:42.9	8:56	1:32:18.9
12	80	Thomas Jasnoch	45	6	12:35.0	44:56	12	54:34.0	3:54	13	32:58.0	10:38	1:40:07.0
13	93	STEPHEN THOMAS	44	13	18:28.0	65:57	13	59:45.0	4:16	12	28:29.3	9:11	1:46:42.3

## Male 50 to 59

Overall			Swim		Bike			Run			Total		
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	5	John Marsh	50	3	10:17.0	36:44	1	39:09.0	2:48	1	19:51.4	6:24	1:09:17.4
2	8	Chris Jarvis	50	1	9:55.0	35:25	2	41:56.0	3:00	2	20:13.8	6:31	1:12:04.8
3	17	wayne wallace	51	5	12:32.0	44:46	3	43:17.0	3:06	3	20:46.2	6:42	1:16:35.2
4	43	bracken kinlund	55	7	13:22.0	47:44	4	50:06.0	3:35	4	23:41.3	7:38	1:27:09.3
5	67	Mark Wortman	56	6	13:18.0	47:30	5	51:55.0	3:43	7	27:22.8	8:50	1:32:35.8
6	74	John Jerman	50	2	10:14.0	36:33	9	59:20.0	4:14	5	25:48.4	8:19	1:35:22.4

7	78	Fred Beschorner	55	8	14:59.0	53:31	6	52:20.0	3:44	8	30:38.8	9:53	1:37:57.8
8	86	Gary Demmel	56	10	17:28.0	62:23	8	56:27.0	4:02	6	27:21.2	8:49	1:41:16.2
9	89	Scott Selee	50	9	17:23.0	62:05	7	53:21.0	3:49	9	32:14.0	10:24	1:42:58.0
10	92	Benny Covington	58	4	12:04.0	43:06	10	1:00:54.0	4:21	11	33:05.6	10:40	1:46:03.6
11	104	Wayne Simms	51	11	19:01.0	67:55	11	1:08:33.0	4:54	10	32:24.0	10:27	1:59:58.0

## Male 60 to 69

Overall			----- Swim -----				----- Bike -----			----- Run -----			Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	36	Russell Hopp	61	2	12:34.0	44:53	2	47:13.0	3:22	1	24:27.7	7:53	1:24:14.7
2	53	Harlan Mekelburg	61	3	13:22.0	47:44	1	46:15.0	3:18	3	29:21.4	9:28	1:28:58.4
3	62	dave carpenter	60	1	12:21.0	44:06	3	50:52.0	3:38	2	28:01.3	9:02	1:31:14.3

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